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....RIGHT WHERE YOU NEED TO BE

Life often feels like a race. A race to be the first to grow, succeed or show you've got everything figured out.

Setting up my own business has meant I've had to learn. A lot. And quickly.

I've also been drawn into the spiral of comparing myself to other people. Wondering if my approach is right or what they're doing better than me.

I've been reminded that's natural.

And not just for someone starting their own business. I've seen people experience this more broadly too, asking "why them, not me".

This year though, I'm trying to appreciate the value of the journey I'm on. Reflect on where I am. And more importantly, ask myself if I'm OK with that.

Honestly though, sometimes I'm not.

I get frustrated when things go wrong, aren't quick enough or I don't get the results I'd like.

Of course, growth and success are important. But I try to remember that everyone's journey to achieve that is different. Not better or worse, just different.

And that's because we are individuals.

This is my journey. I'll never be here at this point again.

So maybe I am right where I need to be now. And you are too.



Sam Baker

Astrantia People Consulting Limited

Helping leaders elevate their people experience to drive business growth