



# My thoughts following...

## ...THE FOUNDERS PLAYGROUND

Yesterday I went to a brilliant event – the Founders Playground at the Bristol and Bath Science Park.

It got my brain cells whirring and left me with a lot to think about.

Not just as a business owner but in relation to the work I do too.

A few things stood out in particular.

- What's worth more to you... experience or money?
- Ever had to make a profitability decision that challenges your values?
- THE most important thing is to inspire people.
- Having a great team around you is key to success... who do you surround yourself with? Remember – your vibe attracts your tribe.
- Move fast, make quick decisions but sometimes you have to completely stop and change direction... PIVOT!
- Read the world before it reads you.
- How you show up as a leader really does make the difference.

It was so refreshing to listen to founders share their lived experience – the decisions they've made, the opportunities they've gone after and the resilience it took for them to keep going.

But what surprised me was how much they all talked about the importance of culture, purpose and values. Turns out they're pretty vital when it comes to business.... who knew! 😊